

# Kentucky Hot Menu



# December 2021

513-244-5485

## MEALS ON WHEELS SOUTHWEST OH & NORTHERN KY

| Monday   | Tuesday   | 1 Wednesday  | 2 Thursday  | 3 Friday   |
|--|---|--|---|--|
| <p><i>Your order may contain substitutions, based on product availability.</i></p>   |   | Sloppy Joe w/ No bun<br>Green Beans<br>Roasted Baby Bakers<br>Slice of bread<br>Tropical Fruit Juice<br>Cheese It Crackers | Salisbury Steak<br>Mashed Potatoes<br>Mixed Vegetables<br>Slice of Bread<br>Sun Butter<br>Diced Peaches<br>Granola Bar    | Cheeseburger<br>Sweet Potato Puff<br>Mixed Berry Crisp<br>Slice of bread<br>Sun Butter<br>Orange<br>Marshmallow Pie                    |
| 6 Monday   | 7 Tuesday   | 8 Wednesday  | 9 Thursday  | 10 Friday  |
| Pot Roast<br>Parslied Noodles<br>Collard Greens<br>Slice of Bread<br>Sun Butter<br>Diced Peaches<br>Oreos                            | Cheeseburger Meatloaf<br>Baby Bakers<br>California Vegetables<br>Slice of bread<br>Organge Juice<br>Town House Crackers | Spaghetti & Meatballs<br>Italian Vegetables<br>Cinnamon Apples<br>Slice of bread<br>Cranberry Juice<br>Fig bar             | Baked Chicken w. Gravy<br>Herbed Dressing<br>Broccoli & Cauliflower<br>Slice of Bread<br>Apple Juice<br>Fruit Delight     | Cincinnati Chili & Spaghetti<br>Shredded cheese<br>Corn & Black Beans<br>Cinnamon Apples<br>Sun Butter<br>Grape Juice<br>Pineapple Cup |
| 13 Monday  | 14 Tuesday  | 15 Wednesday   | 16 Thursday   | 17 Friday  |
| Country Fried Steak<br>Scalloped Potatoes<br>California Vegetables<br>Slice of Bread<br>Sun Butter<br>Cranberry Juice<br>Donut Stick | Pork Chop<br>Sauerkraut<br>Diced Parslied Potatoes<br>Slice of Bread<br>Tropical Fruit Juice<br>Brownie                 | Boneless Chicken Bites<br>Au Gratin Potatoes<br>Mixed Vegetables<br>Slice of bread<br>Sun Butter<br>Mixed Fruit Cup        | Grill Sausage w/<br>Onion and Peppers<br>Potato Wedges<br>Mixed Vegetables<br>Slice of Bread<br>Apple Juice<br>Sun Butter | Sliced Turkey & Gravy<br>Dressing<br>Green Beans<br>Slice of bread<br>Diced Pears<br>Vanilla Cookie                                    |
| 20 Monday  | 21 Tuesday  | 22 Wednesday   | 23 Thursday   | 24 Friday  |
| Chicken Alfredo w/<br>Penne Pasta<br>sliced Carrots<br>Broccoli<br>Slice of Bread<br>Tropical Fruit Juice<br>Fruit Delight           | Flame Broiled Beef Steak<br>Roasted Baby Bakers<br>Mixed Vegetables<br>Slice of Bread<br>Banana<br>Snack Bar            | Ham and Beans<br>Spinach<br>Tator Tots<br>Slice of Bread<br>Apples Sauce<br>Sun Chips                                      | Lasagna Rollup w/<br>Meat Sauce<br>Mixed Vegetables<br>Apple Crisp<br>Slice of Bread<br>Apple Juice<br>Graham Crackers    | Christmas Eve<br>Closed  |
| 27 Monday  | 28 Tuesday  | 29 Wednesday   | 30 Thursday   | 31 Friday  |
| Christmas Holiday<br>Closed  | Cincinnati Chili & Spaghetti<br>shredded cheese<br>Corn & Black beans<br>Cinnamon Apples<br>Orange<br>Fruit Delight     | Chicken Strips<br>Mixed Vegetables<br>Tater Barrels<br>Sun Butter<br>Cranberry Juice<br>Brownie                            | Meatloaf w. gravy<br>Mashed Potatoes<br>Carrots<br>Slice of Bread<br>Mixed Fruit Cup<br>Lorna Doone Cookie                | New Years Eve<br>Closed  |